

## Lesson 8

L.O I can explain the significance of Diwali for Hindus and their traditions.



# The Story of Rama and Sita

 <https://www.youtube.com/watch?v=uRpNNF4fB4g>

Now we know the story of Rama and Sita, lets recall the main events and complete the Cloze passage.

Once upon a time there was a great warrior, Prince \_\_\_\_\_, who had a beautiful wife named \_\_\_\_\_. One day, Rama and Sita were banished from their home by the \_\_\_\_\_. Rama's brother, \_\_\_\_\_, joined them in exile. Living nearby was a terrible demon king, \_\_\_\_\_. He had ten heads and twenty arms and was feared throughout the land. One day, Ravana \_\_\_\_\_ Sita and took her away in his chariot. Clever Sita left a trail of her \_\_\_\_\_ for Rama to follow. Rama and Lakshmana followed the trail of glittering jewellery until they met the monkey king, \_\_\_\_\_, who became their friend and agreed to help find Sita. Messages were sent to all the \_\_\_\_\_ in the world, who set out to find Sita.

After a very long search, Hanuman found Sita imprisoned on an \_\_\_\_\_. The army of monkeys couldn't reach the island, so they began to build a \_\_\_\_\_. Soon, all the animals of the world, large and small, came to help.

When the bridge was built, they rushed across it and fought a mighty \_\_\_\_\_. When Rama killed the evil Ravana with a magic \_\_\_\_\_, the whole world rejoiced. Rama and Sita were \_\_\_\_\_ and they began their long journey back to their land. Everybody lit \_\_\_\_\_ to guide them on their way and welcome them back.

Ever since, people light lamps at \_\_\_\_\_ to remember that light triumphs over \_\_\_\_\_ and good triumphs over evil.

In the Hindu story of Rama and Sita, there are many different temptations that the people face.

## What is a temptation?

What temptations may we face in our lives?

1)

2)

3)

4)

5)

What temptations may we face in our lives?

1) Looking around the house to see where our birthday presents are hidden.

2)

3)

4)

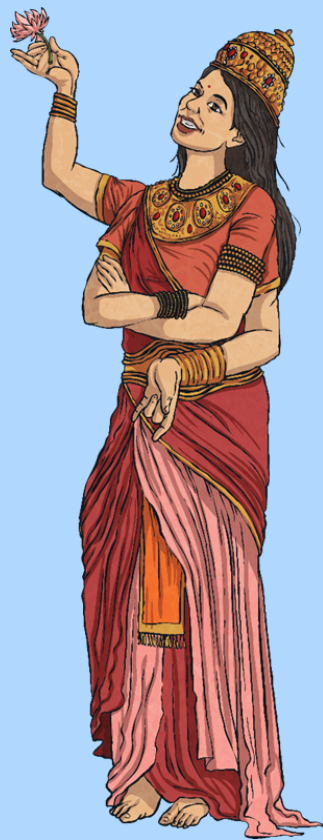
5)

How do we overcome the temptations?

Diwali is a very important religious celebration that takes place every year. Although it is traditionally celebrated by Hindus and Sikhs, it can be celebrated by people from other religions as well. The specific date of Diwali varies but it is between the months of October and November each year.

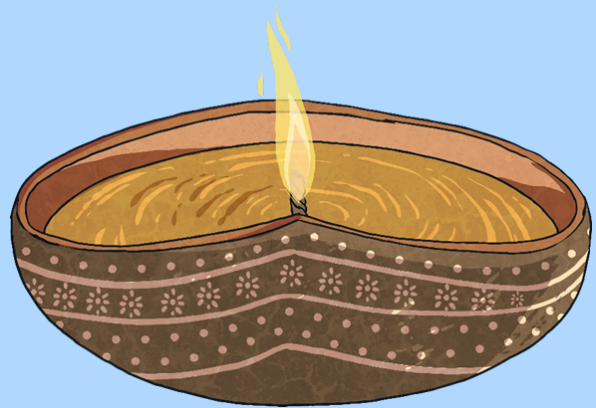


The festival of Diwali welcomes the new year and honours the goddess Lakshmi. In Hinduism, many different gods and goddesses are worshipped. Each god or goddess is believed to be responsible for something — Lakshmi is the goddess of wealth and prosperity.



The festival of Diwali means 'festival of light' and it celebrates the victory of light over darkness.

During the celebration of Diwali, many homes light lots of special diya lamps.



Rangoli patterns are colourful and bright designs made on the floor by the entrance of a house to welcome visitors. During the Hindu festival of Diwali, people create these eye-catching patterns to encourage the goddess Lakshmi to enter their homes and to keep away evil spirits.



# Diwali Quiz (answers on whiteboards)

**1. Within which of the following months is Diwali usually celebrated?**

- a) September or October
- b) October or November
- c) November or December
- d) December or January

**2. Lakshmi is the goddess of \_\_\_\_\_ and \_\_\_\_\_.**

- a) wealth and prosperity
- b) life and death
- c) love and marriage
- d) power and destruction

**3. What is the name of the lamp that is used in Diwali?**

- a) puja
- b) dhupa
- c) diya
- d) padya



# Diwali Quiz (answers on whiteboards)

**4. In the story of Rama and Sita, how many arms does Ravana have?**

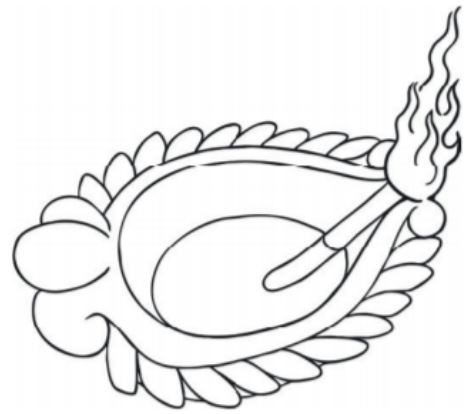
- a) 2
- b) 10
- c) 20
- d) 40

**5. Rama and Sita are the human forms of which gods?**

- a) Vishnu and Lakshmi
- b) Shiva and Lakshmi
- c) Vishnu and Surya
- d) Vishnu and Shakti

**6. What is a rangoli usually made using?**

- a) sugar
- b) flour
- c) oils
- d) spices



## Diwali Quiz (answers on whiteboards)

**7. Which of the following is not a day in the Diwali celebrations?**

- a) Dhanteras
- b) Bhai Dooj
- c) Padwa
- d) pushpa

**8. What is the last day of Diwali traditionally for?**

- a) brothers and sisters
- b) cleaning the house
- c) husbands and wives
- d) lighting fireworks

**9. True or false, a rangoli is used to help keep away evil spirits?**

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# Answers

1. October or November (b)
2. wealth and prosperity (a)
3. diya (c)
4. 20 (c)
5. Vishnu and Lakshmi (a)
6. flour (b)
7. pushpa (d)
8. brothers and sisters (a)
9. true